

E870 ELLIPTICAL

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PROGRAMS	ADVANCED FEATURES
Manual/Track	Dual-action total body motion
Interval	Shift on-the-fly fingertip controls
Fat Burn	MyFlex™ cushioning system
Random	ActivZone™
Plateau	Optional iPod® compatibility
Vari-Stride™	CSAFE/FIT LINX
Cardio & Weight Loss HRC	USB Port
Custom HR	MAX USER WEIGHT
FEEDBACK	500 lbs.
Workout Goal	WEIGHT
Distance	366 lbs.
Heart Rate	DIMENSIONS (LxWxH)
Time	89" x 27" x 68"
Strides/Minute	PERFORMANCE FEATURES
Total Strides	20 levels of resistance
Speed	Self-generating
WATTS	HEART RATE TOOLS
METS	CardioAdvisor™
Workout Level	Custom HR
Calories	Telemetry Heart Rate
Calories per hour	Contact Heart Rate
DISPLAY	COMMERCIAL WARRANTY
Dot matrix with LEDs	Use profile: high-use facilities 24/7
Numeric keypad	Lifetime frame
Integrated fan	5 years parts
STRIDE LENGTH	1 year labor
17" - 29" electronically adjustable	

KEY FEATURES

Dot matrix display with advanced programming

17"-29" electronically adjustable stride length allows the user to find the stride that fits their body and workout style

Vari-Stride™ programs slowly increase stride length for greater calorie burn and work multiple muscle groups in one session

Dual-action motion provides a total body workout

MyFlex™ pedal cushioning system provides a comfortable workout platform

Options include: entertainment screen bracket, iPod® connectivity



The E870 features an easy-to-operate dot matrix display with bright LED readouts. A numeric keypad makes entering workout data simple.

