

E830 ELLIPTICAL

E830 Elliptical



PROGRAMS
Interval
Glute (x3)
Random (x10,000)
Track
Manual
Cardio HRC
Weight Loss HRC
ZoneTrainer™ – Custom HR
Vari-Stride™ (x3)
FEEDBACK OPTIONS
Workout Level
Strides per minute
Time
Heart Rate
Stride Length
Calories
Distance
Calories per hour
Total Strides
DISPLAY
Dot Matrix with LEDs
ActivZone™ icon
Touch-N-Go™ Programs

HEART RATE TOOLS
Telemetry and Contact Heart Rate
CardioAdvisor™
ZoneTrainer™
ADVANCED FEATURES
Dual-action total body motion
MyFlex™ cushioning system
MAX USER WEIGHT
450 lbs.
WEIGHT
288 lbs.
DIMENSIONS (LxWxH)
86" x 24" x 68"
PERFORMANCE FEATURES
20 levels of resistance
17" - 29" electronically adj. stride
RESIDENTIAL WARRANTY
Lifetime frame
Lifetime mechanical parts
7 years electronic parts
1 year labor
COMMERCIAL WARRANTY
Use profile: no fees facility
5 years parts
1 year labor

KEY FEATURES

17"-29" electronically adjustable stride length allows the user to find the stride that fits their body and workout style

Vari-Stride™ programs slowly increase stride length for greater calorie burn and work multiple muscle groups in one session

Dual-action motion provides a total body workout

Heart rate telemetry and heart rate control programming allows the user to train more effectively

MyFlex™ pedal cushioning system provides a comfortable workout platform

Optional entertainment screen bracket



The E830 features a state-of-the-art dot matrix display with CardioAdvisor™ heart rate system. Bright LED readouts give the user valuable feedback on their workout and multiple programs provide variety so workouts never get boring.

Warranty effective 08.01.10. May be subject to usage limitations.